



USFK CORE TENETS

TO PROTECT OTHERS



**MASK AT
THE READY**

**SICKLY? LEAVE
QUICKLY!!**



- **STAY HOME WHEN SICK**
- **MAXIMIZE TELEWORK, FLEXIBLE SCHEDULES,
AND SICK LEAVE**
- **CALL THE USFK COVID HOTLINE IF YOU FEEL
SYMPTOMS: 050-3337-2556**

TO PROTECT YOUR BUBBLE



MIND THE METER



- **RECOMMEND 2M (6FT), MINIMUM 1M (3FT)
SOCIAL DISTANCE**
- **AVOID LARGE GROUPS AND CROWDS**
- **NO HANDSHAKES**

TO PROTECT YOURSELF



**READY,
RESILIENT,
RESPECTFUL**



- **STRICT HYGIENE AND WORKPLACE SANITIZATION**
- **ACTIVE LIFESTYLE AND HEALTHY DIET**
- **WORK / LIFE BALANCE**
- **REST AND SLEEP**

FOLLOW ALL LOCAL AND INSTALLATION GUIDELINES

#KILLtheVirus